Unit 7: Health Lesson 25

Lesson 25: I'm allergic to pollen

レッスン 25: 私は花粉アレルギーです

Target: Talking about sickness in detail 病気の詳細について話しましょう!

Reading 単語



New vocabulary introduced in the reading

•	across	~の全域で	•	dust	ほこり
•	bloom	花が咲く	•	blow one's nose	鼻をかむ
•	gather together	集まる	•	go red	赤くなる
•	a picnic basket	ピクニック用バスケット	•	eye drops	点眼薬
•	a smell	匂い	•	anytime	いつでも
•	beneath	~の真下に	•	hang on	~を掛ける
•	a treat	おやつ	•	put a cast on	~にギプスを巻く
•	a stall	売店	•	sprain	捻挫
•	pollen	花粉	•	the hiccups	しゃっくり



Read the passage and circle the new words as you find them

Hi I'm Steve. I'm from America, but I'm currently living in Japan. I love the seasons in Japan. My favorite season of the year is spring. Spring is a special time in Japan. Across the country, cherry blossom trees begin to bloom, and families and friends gather together with their picnic baskets in a place where they can enjoy the beautiful sights and smells of the cherry blossoms.

Every year, my family has a picnic beneath the cherry blossoms. My mother always makes lots of delicious food. My younger brother likes to play games and buy treats from stalls. My father drinks sake, and my older sister sings karaoke.

But, I'm allergic to dust and pollen. In springtime, I get really bad hay fever. I sneeze a lot, and I have to blow my nose about every 30 seconds. During spring, I take hay fever medicine 3 times a day. Also, my eyes usually go really red when there is lots of pollen, so I always carry eye drops with me and I put them in anytime I have sore eyes. Sometimes I also have a sore throat too.

When I feel sick, I can't eat my mother's delicious food. I can't play games with my brother. I can't drink sake with my father. Also, I can't sing songs with my sisters.

Because I am allergic to pollen, my family decided to enjoy the cherry blossoms at home this year. We even hung a large picture of a cherry blossom tree on the wall.

But before we could start the party, my mother sprained her arm and she had to go to hospital. The doctor put a cast on her arm and because of this she wasn't able to make any of her delicious food. Also, my younger brother had a fever and he was coughing all day. He had to stay in bed and couldn't play any games. My father had the hiccups and couldn't drink sake. And my older sister had a sore throat and couldn't sing karaoke. Everyone was sick!

This year, I was the only person who didn't feel sick. I wanted to eat delicious food, play games, and drink sake. I even wanted to sing karaoke. But I was too busy! I had to help my mother clean the house. I had to take care of my little brother. I had to buy medicine for my father. And, I had to sing songs for my older sister.



Answer the questions below

- 1. What is Steve allergic to?
- 2. Does Steve get really bad hay fever?
- How often does he have to blow his nose?
- When do his eyes usually go really red?
- Who sprained their arm?
- What was his brother doing all day?
- Why couldn't his father drink sake?
- What was wrong with his sister?



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