

Grammar Lesson
Lesson 26: I cut my hand while cooking
レッスン 26: 料理をしながら手を切ってしまいました**Target: Talking about accidents and sickness using "while"**
目的: ~しながら、を使って事故や病気などを表現しましょう!Reading
単語

New vocabulary introduced in the reading

• accident-prone	事故を起こしそうな	• a bump	道路上の隆起
• do sports	スポーツをする	• fly down...	ものすごい勢いで飛ばす
• that's why	それが~の理由である	• trip	つまづく
• get an injury	怪我を負う	• a chairlift	スキリフト
• tackle...	タックルする	• a kiddy slope	初心者向けのゲレンデ
• painful	痛みを伴う	• height	高さ
• luckily	幸いにも	• each other	お互いに
• for ages	長期間	• a mouth guard	マウスガード
• crutches	松葉杖	• spar	スパarringをする

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Read the passage and circle the new words as you find them

Hi, my name is Sam. Sometimes people say that I am accident-prone. I just think I am unlucky. I do a lot of sports. I play soccer two or three times a week, and I go skiing every winter. I do aikido once a month and I sometimes practice boxing with my brother. Maybe that's why I get so many injuries.

Last month, I sprained my ankle while playing soccer. After a player from the other team tackled me, it was very painful and I couldn't walk. I went to the hospital and the doctor said it was sprained. Luckily, I didn't break it. I broke my ankle while playing soccer 3 years ago. It was really sore for ages! I had to use crutches while walking for 6 weeks!

A few months ago, I tried snowboarding for the first time. My friends really like snowboarding and they invited me to come with them. I thought that I would be good at snowboarding because I'm quite good at skiing, but I was wrong. Snowboarding is so hard! I tripped while I was getting off the chairlift and it really hurt. Then I fell over and hurt myself again while I was going down the kiddy slope. After that I just gave up and went back to skiing.

I broke my leg while skiing when I was 19. I hit a bump and fell down while I was flying down the hill. That time, I was in the hospital for 3 months while I recovered. It was really boring. There was nothing to do but watch TV while lying in bed.

I ate a lot of ice cream while I was in hospital, so I got a little fat. After I got out, I started doing aikido and boxing. I like boxing, but I prefer doing aikido. I do aikido once a month. Last month, I bruised my hand while I was practicing with my friend. I didn't go to the hospital though. It wasn't so bad.

Sometimes I practice boxing with my brother. He is 2 years older than me, but I am stronger than him. We are the same height as each other. Yesterday, I hit him in the mouth while we were practicing. It was an accident and he had a mouth guard so it wasn't so bad, but he told our mom. She was pretty angry, and she shouted at me a lot. She said "Be careful while you are sparring."

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Answer the questions below

1. What did he injure while he was practicing soccer?
2. Did he have to use crutches while walking for 10 weeks?
3. Did he hurt himself while getting off the chairlift?
4. How old was he when he broke his leg while skiing?
5. What did he do in hospital while lying in bed?
6. What did he bruise while he was practicing aikido?
7. When did he hit his brother in the mouth?
8. How many examples of "while" can you find?

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