Unit 3 Communication

Lesson 09: He told me to get a move on

レッスン 09: 急いで、と彼に言われました

Target: Talking about what people tell you to do

目的: 人に言われてしなければいけない事について話しましょう!

Reading 単語



New vocabulary introduced in the reading

•	(to) boss (person) around	(人)をこき使う
•	a personal trainer	個人トレーナー
•	a real slave driver	人使いの荒い人
•	a sit up	腹筋運動

abs

(be) on fire

(be) flat out

(to) let (person) off with...

(be) in the best of moods

燃えて きっぱり

(人)を放免する 上機嫌である

腹筋

をこき使う • (be) sore

a hypocrite (be) stern

(to) cut down on... (to) face...

(to) put in (effort) at last

(be) against the law 法律で禁止されて (to) socialize

厳しい ~を減らす 対峙する ~に努力を費やす ようやく

社交的に活動する

痛い

偽善者

Unit 3: Communication Lesson 9



Read the passage and circle the new words as you find them

You won't believe the week I've had. Everyone loves to boss me around!

On Sunday, I went to my usual gym, but there was a new personal trainer, Jerome. He was a real slave driver. First he told me to do 50 sit ups. Then, when I was done, he ordered me to do another 50! My abs felt like they were on fire! He tried to motivate me to do another 50 after that, but I flat out refused. I don't think I'll be going back there on a Sunday again.

My stomach was still sore on Monday morning when I went to work, so I wasn't in the best of moods. Maurice, my boss, was being his usual self. First, he reminded me not to socialize during the week, then he invited me to go out for drinks that evening. What's with him? Does he not even hear what he is saying? He's such a hypocrite!

I had a doctor's appointment that evening though, so I couldn't go out with him. My doctor is nice, but quite stern. First, she warned me not to drink so much and to cut down on fried food. She also <u>advised me to start</u> exercising more, but I don't think I can face another gym session after last time! Maybe I'll try jogging around the park. There are always other people there to say hello to.

I did go for a drink with Maurice on Wednesday. We went to a local bar that he recommended and he paid for the drinks which was great. But all he wanted to talk about was work. Also, he gave me this long speech on why it's important to always put in 110% at work. He's always encouraging me to work harder, but this is the first time he's done so outside the office. I left the bar at about 11 or so, and got on my bike. Unfortunately, while I was riding my bicycle home, I was stopped by a police officer! He warned me not to cycle without lights and reminded me that cycling while drunk is against the law. I was lucky though because he let me off with a warning.

When I got home at last, my mom called me. As usual, she <u>begged me to call</u> her more often. Also, she advised me not to go out drinking with my boss. She reminded me that it's not a good idea to socialize with your colleagues too much. Finally, she invited me to come over for dinner this weekend. She's making fried chicken, my favorite!



Answer the questions below

- 1. How many sit ups did Jerome tell her to do?
- Who reminded her not to socialize during the week?
- Did the same person invite her to go out for a drink?
- What did the doctor warn her to cut down on?
- What did the police officer warn her not to do?
- What did her mom advise her to do? 6.
- 7. Who invited her to cover over for dinner this weekend?
- How many examples of "reported commands" can you find?

DEAN MORGAN

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